



Blow Bubbles for Hope: In Your Community

1. **Buy bubbles** or **make your own** with our [Bubble Recipe](#)
2. **Get outdoors!** You can take bubbles anywhere:
 - a. Blow bubbles at a **park**
 - b. Blow bubbles at **camp**
 - c. Blow bubbles with your **sports team** and **social clubs**
 - d. Set up a **bubble stand** in your neighborhood or at a community event
 - e. Blow bubbles at the **pool**
3. Capture your Bubble Break with a **photo or video**
4. **Share** your Bubble Break on social media with the hashtag **#BubbleBreak35** and tag our nonprofit **@helpholiveorg**
5. Show your community cares with a **tax-deductible donation** to Help Hope Live (we suggest \$35) at bubblebreak.net
6. Want to make an even bigger impact? Let your co-workers [join the fun!](#)

