



Blow Bubbles for Hope: At Home

1. **Buy bubbles** or **make your own** with our [Bubble Recipe](#)
2. Find a time to **get the whole family together** for a family Bubble Break
3. Ask **out-of-town family** to participate via Skype or FaceTime!
4. **Get outside!** Blow bubbles in your backyard, or try our [Community Bubble Break ideas](#)
5. Capture your Bubble Break with a **photo or video**
6. **Share** your family's Bubble Break on social media with the hashtag **#BubbleBreak35** and tag our nonprofit **@helphopeliveorg**
7. Make a **family donation** to Help Hope Live (we suggest \$35) at [bubblebreak.net](#)
8. Bonus! Take a Bubble Break as a family **once per month** now through September 30 (Help Hope Live's 35th anniversary)
9. **Celebrate:** you and your family are making a difference, together!

